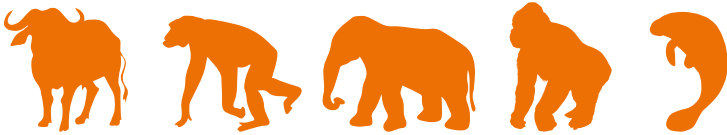


HOW YOUR DAILY ROUTINE CAN HELP THE RAINFOREST

WORLDWIDE DEMAND FOR PALM OIL IS EXPECTED TO **DOUBLE BY 2050**

ANIMALS THREATENED BY PALM OIL DEVELOPMENTS



BUFFALO CHIMPANZEE ELEPHANT GORILLA MANATEE

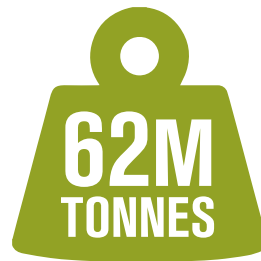
50%



OF SUPERMARKET PRODUCTS CONTAIN PALM OIL

DEFORESTATION RATE IN CONGO BASIN FORESTS

x2  **DUE TO NEW PALM OIL DEVELOPMENTS**
BY 2020



WORLD CONSUMPTION IN 2015



SET TO DOUBLE BY 2050

THREATS TO RAINFOREST PEOPLE



LOSS OF NATURAL FOREST MEDICINE



FOOD INSECURITY



WATER POLLUTION



LAND RIGHTS VIOLATED

9,225 MT



INDIA

8,620 MT



INDONESIA

6,850 MT



EUROPE

THE EU IS THE THIRD LARGEST CONSUMER OF PALM OIL
(METRIC TONS=1000KG)

BISCUITS. BREAD. SHAMPOO. CHOCOLATE. DETERGENT.

THESE EVERYDAY ITEMS HAVE ONE THING IN COMMON: THEY ARE A THREAT TO RAINFORESTS

The list of products containing palm oil seems almost endless. **Palm oil is found in around half of supermarket products, like soaps and shampoos, and in many kinds of food.** Producing the oil often involves felling virgin rainforest, reducing biodiversity, destroying the habitat of endangered species such as orangutans, elephants and tigers, and ruining the livelihoods of local people.

The demand for palm oil has already devastated millions of hectares of rainforest in Malaysia and Indonesia.

Now large-scale palm oil producers have turned their attention to the Congo Basin rainforests of Central Africa, where more than half a million hectares of forest are imminently threatened.

In the Congo we still have time to prevent the social and environmental tragedies caused by industrial palm oil production in South East Asia.

But we need to act now.



BETTER TRANSPARENCY FOR EUROPEAN CONSUMERS

European Union Law now requires manufacturers to include palm oil on the label of products that contain it as a 'pure'* ingredient.

While this clearer labeling is welcomed, consumers are still in the dark as to how the palm oil is produced, and these laws do not include non food items such as cleaning products.



WHY DO YOU NEED THIS GUIDE?

THIS GUIDE WILL HELP YOU MAKE MORE INFORMED CHOICES ABOUT THE PRODUCTS YOU BUY AND THE COMPANIES BEHIND SOME OF YOUR FAVOURITE BRANDS.

BE A RESPONSIBLE SHOPPER

With the support of Ethical Consumer, we analysed the policies of over 100 companies. We looked at their use of certified sustainable palm oil and other types of palm such as palm oil derivatives, whether they have disclosed volumes used, and other factors such as whether a company disclosed who its suppliers are and if they are engaging with their own supply chain to improve practice.

The scoring system rewards companies that don't use palm oil at all but the use of segregated RSPO-certified palm products is scored equally with use of certified organic palm products.

**Products that contact palm oil derivatives are not bound by the same law.*



FOR A FULL BREAKDOWN OF THE METHODOLOGY, PLEASE VISIT
WWW.ETHICALCONSUMER.ORG

QUICK REFERENCE COMPANY GUIDE



BEST BUY

Booja Booja Co	★
Divine	★
Earth Friendly Products	★
Ecozone	★
Essential Care	★
Honesty Cosmetics	★
Little Satsuma	★
Pure Nuff Stuff	19
Bio-D	18
Burton's Biscuits	18
Ferrero	18
Island Bakery	18
Royal Wessanen	18
Soyfoods Ltd	18
Suma	18
Traidcraft	18
Walkers Shortbread	17
Doves Farm Foods	17
The Jordans And	
Ryvita Company	17
Windmill Organic	16
Against the Grain	16
Bahlsen GmbH & Co. KG	16
Frank Roberts & Sons Limited	16
Montezuma's Direct	16
Plamil Foods	16
The Fine Cheese Company	16
Venture Food	15
Allied Bakeries	15
Co-operative Group	15
Duchy Original	15
Green People Company Ltd	15
Kellogg Company	15
Sainsbury's Group	15
Sodasan Wasch	15
Waitrose	14
Body Shop	14
Dr Hauschka	14
Dri-Pak	14
Ecover	14
Green & Black's	14
Hain Celestial Group	14
Johnson & Johnson	14
Lindt & Sprüngli AG	14
L'Oréal	14
Marks and Spencer Group plc	14
Mars	14
Nairn's Oatcake Ltd	14
Neal's Yard Remedies	14
Nestlé	14
Premier Foods	14
Unilever	14
Faith in Nature	14



CAUTIOUS BUY

Weleda AG	15
2 Sisters Food Group	13
Colgate-Palmolive	13
Mondelez International	13
Reckitt Benckiser	13
SC Johnson	13
Sonett	13
United Biscuits	13
Nivea (Beiersdorf AG)	12
Warburtons	12
Asda	11
Boots UK Ltd	11
Inika	11
Tesco	11
Urtekram International	11
Lavera	10
Lilly's Eco Clean	10
Lush	10
Stiletto Foods Ltd	10
Village Bakery	10
Yaoh	10
Greggs plc	9
Procter & Gamble	9
Delta Pronatura	8
Wm Morrison Supermarkets	8



DON'T BUY

Logocos Naturkosmetic	7
Avon Products Inc	6
Estée Lauder Companies	6
Jeyes	6
Molton Brown	6
Thorntons	6
PZ Cussons PLC	5
Lotte Group	4
PepsiCo	4
Star Brands	2
McBride	1
Bio Spectra	0
Clarins	0
Holland & Barrett	0
Homecare – Brite Range	0
Iceland	0
London Oil Refining Company	0
Ozkleen	0
Revlon/McAndrews & Forbes	0
Rimmel/Coty	0
Tunnock's	0



**SAVE ON YOUR
SMARTPHONE**



**OR KEEP ON
YOUR FRIDGE**

BISCUITS



PALM OIL PRODUCT GUIDE

BEST BUY

Product	Company	Score
Island Bakery Biscuits	Island Bakery	18
Walkers Shortbread	Walkers Shortbread	18
Traidcraft Cookies	Traidcraft	18
Geo Bar	Traidcraft	18
FairBreake	Traidcraft	18
Maryland	Burton's Biscuits	18
Jammie Dodgers	Burton's Biscuits	18
Cadbury Biscuits	Burton's Biscuits	18
Wagon Wheels	Burton's Biscuits	18
Lyon's Biscuits	Burton's Biscuits	18
Whole Earth	Royal Wessanen	18
Ryvita Crackers	The Jordans and Ryvita Company	17
Amisa Biscuits	Windmill Organic	17
Biona Biscuits	Windmill Organic	17
Raw Health Organic Snax	Windmill Organic	17
Organic Biscuits and Cookies	Doves Farm Foods	17
Against the Grain Cookies	Against the Grain	16
Bahlsen Biscuits	Bahlsen GmbH & Co. KG	16
Pick Up	Bahlsen GmbH & Co. KG	16
The Little Treats Co.	Frank Roberts & Sons Limited	16
The Fine Cheese Co. Crackers and Biscuits	The Fine Cheese Company	16
Waitrose Biscuits	Waitrose	15
Co-operative Biscuits	Co-operative Group	15
Duchy Original Biscuits	Duchy Original	15
Sainsbury's Biscuits	Sainsbury's Group	15
All Bran Biscuits	Kellogg Company	15
Nutri Grain	Kellogg Company	15
Special K	Kellogg Company	15
Marks & Spencer Biscuits	Marks and Spencer Group plc	14
Nairn's Oatcakes and Biscuits	Nairn's Oatcakes Ltd	14
Breakaway	Nestlé	14
Toffee Crisp	Nestlé	14
Aero Biscuits	Nestlé	14

CAUTIOUS BUY

Product	Company	Score
Fox's	2 Sisters Food Group	13
Rocky	2 Sisters Food Group	13
McVitie's Digestives	United Biscuits	13
McVitie's Hobnob's	United Biscuits	13
McVitie's Rich Tea	United Biscuits	13
Jaffa Cake	United Biscuits	13
Penguin	United Biscuits	13
Go Ahead	United Biscuits	13
Mini Cheddar	United Biscuits	13
Carr's	United Biscuits	13
Jacob's	United Biscuits	13
Chips Ahoy	Mondelez International	13
Mikado	Mondelez International	13
Bel Vita	Mondelez International	13
LU Biscuits	Mondelez International	13
Ritz	Mondelez International	13
Oreo	Mondelez International	13
Tesco Biscuits	Tesco	11
Asda Biscuits	Asda	11
Mrs Crimble's	Stiletto Foods Ltd	10
Organic Bars	Village Bakery	10
Morrison Biscuits	Wm Morrison Supermarkets	8

DON'T BUY

Product	Company	Score
Quaker Oats Biscuits	PepsiCo	4
Snack-a-Jack	PepsiCo	4
Caramel Wafer	Tunnock's	0

BREAD



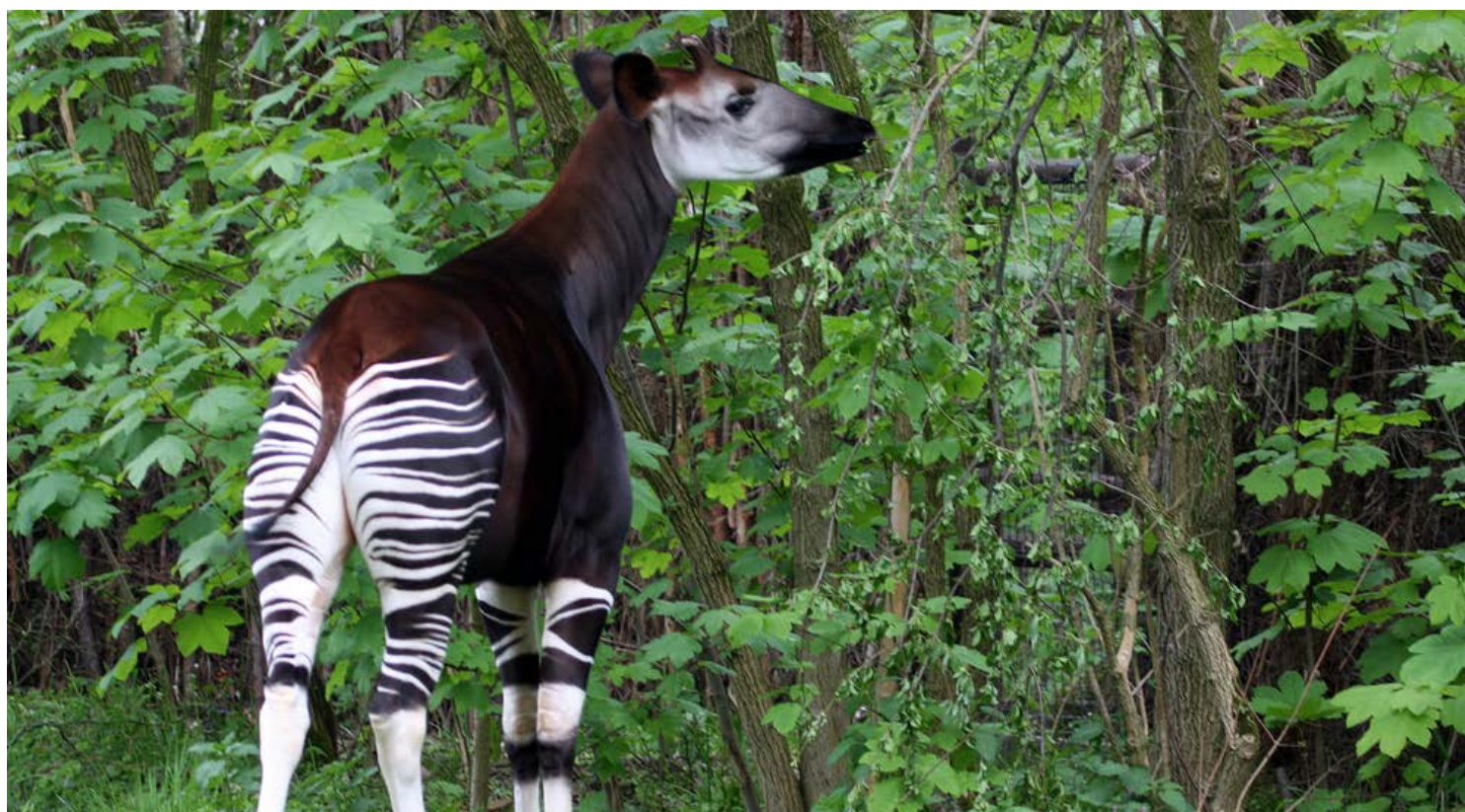
PALM OIL PRODUCT GUIDE

BEST BUY

Product	Company	Score
Paul's Bread	Soyfoods Ltd	18
Ryvita	The Jordans And Ryvita Company	17
Biona Bread	Windmill Organic	17
Raw Health	Windmill Organic	17
Amisa	Windmill Organic	17
Waitrose Bakery	Waitrose	15
The Co-operative Bakery	Co-operative Group	15
Sainsbury's Bakery	Sainsbury's Group	15
Kingsmill	Allied Bakeries	15
Allinson	Allied Bakeries	15
Burgen	Allied Bakeries	15
Sunblest	Allied Bakeries	15
Marks and Spencer Bakery	Marks and Spencer Group plc	14
Hovis	Premier Foods	14
Mr Kipling	Premier Foods	14
Mother's Pride	Premier Foods	14

CAUTIOUS BUY

Product	Company	Score
Warburtons Bakery	Warburtons	12
Weight Watchers Bakery products	Warburtons	12
Tesco Bakery	Tesco	11
Asda Bakery	Asda	11
Greggs	Greggs plc	9
Morrison Bakery	Wm Morrison Supermarkets	8



The elusive okapi is a close relative of the giraffe and, like many species that inhabit the Congo Basin forests, it can only be found in this ecosystem.

CHOCOLATE



PALM OIL PRODUCT GUIDE

BEST BUY

Palm Oil Free ★

Product	Company	Score
Booja Booja	Booja Booja Co	★
Divine Chocolate	Divine	★
Traidcraft Chocolate	Traidcraft	18
Duplo	Ferrero	18
Ferrero Rocher	Ferrero	18
Fiesta	Ferrero	18
Kinder Bueno	Ferrero	18
Kinder Chocolate	Ferrero	18
Kinder Country	Ferrero	18
Kinder Maxi	Ferrero	18
Kinder Pingui	Ferrero	18
Kinder Surprise	Ferrero	17
Tronky	Ferrero	17
Biona	Windmill Organic	17
Plamil	Plamil Foods	17
Organica Chocolate	Venuture Foods	17
Montezuma	Montezuma's Direct	17
The Co-operative Chocolate	Co-operative Group	16
Sainsbury's Chocolate	Sainburys Group	16
Waitrose Chocolate	Waitrose	16
Marks and Spencer Chocolate	Marks and Spencers Group plc	16
Lindt	Lindt & Sprüngli AG	16
Aero	Nestlé	15
After Eight	Nestlé	15
Kit Kat	Nestlé	15
Lion Bar	Nestlé	15
Quality Street	Nestlé	15
Smarties	Nestlé	15
Walnut Whip	Nestlé	15
Yorkie	Nestlé	14
Animal Bar	Nestlé	14
Munchies	Nestlé	14
Amicelli	Mars	14
Balisto	Mars	14
Bounty	Mars	14

Kudos	Mars	13
M&M's	Mars	13
Twix	Mars	13
Maltesers	Mars	13
Tracker	Mars	13
Celebrations	Mars	13
Galaxy	Mars	13
GoodnessKnows	Mars	13
Mars Bar	Mars	13
Seeds of Change	Mars	13
Milkyway	Mars	13
Pure Dark	Mars	13
Snickers	Mars	13
Green & Blacks	Green & Black's	13

CAUTIOUS BUY

Product	Company	Score
Milka	Mondelez International	13
Toblerone	Mondelez International	13
Cadbury's Creme Egg	Mondelez International	13
Crunchie	Mondelez International	13
Terry's Chocolate Orange	Mondelez International	13
Côte d'Or	Mondelez International	13
Flake	Mondelez International	13
Tesco Finest	Tesco	11
Tesco Turkish Delight	Tesco	11
Asda Chocolate	Asda	11
Asda Extra Special	Asda	11
Morrison Chocolate	Wm Morrison Supermarkets	8

DON'T BUY

Product	Company	Score
Thorntons	Thorntons	6
Guylian	Lotte Group	4

PARTY FOOD

BEST BUY

Product	Company	Score
Christmas Party Food Platter	Waitrose	15
Canape Selection	Waitrose	15
Cocktail Sausage Rolls	Waitrose	15
Mini Beef Wellintons	Waitrose	15
All Butter Mini Mince Pies	Waitrose	15
Top Iced Cake	Co-operative Group	15
Mini Mince Pies	Co-operative Group	15
Rich Fruit Slices	Co-operative Group	15
Shortbread Assortment	Co-operative Group	15
Truly Irresistible Frozen Billionaire Cheesecake	Co-operative Group	15
Truly Irresistible Festive Jewelled Chocolate Fruit & Nut	Co-operative Group	15
Truly Irresistible Irish Cream Yule Log	Co-operative Group	15
Gingerbread Cherry Chocolate Truffle	Co-operative Group	15
Christmas Cherry Chocolate Truffle	Co-operative Group	15
Chilled Party Range	Co-operative Group	15
Sainsbury's Highland Shortbread	Sainsbury's Group	15
Sainsbury's Christmas Pudding	Sainsbury's Group	15
Sainsbury's Mini Pork sausage	Sainsbury's Group	15
Champagne Truffles, Taste the difference	Sainsbury's Group	15
Mini Mixed Pie Platter	Sainsbury's Group	15
Classic Party Selection	Marks and Spencer Group plc	14
M&S Mince Pies	Marks and Spencer Group plc	14
Sugar Plum Pudding	Marks and Spencer Group plc	14
Oriental Prawn and Vegetable Selection	Marks and Spencer Group plc	14
Mr Kipling 8 Frosty Fancies	Premier Foods	14
Mr Kipling 6 Festive Bakewell Tarts	Premier Foods	14
Mr Kipling Mince & Brandy Pies 6 Pack	Premier Foods	14

CAUTIOUS BUY

Product	Company	Score
Fox's Mince pies	2 Sisters Food Group	13
Fox's Christmas Pudding	2 Sisters Food Group	13
Celebration Tub	Mondelez International	13
Roses Tub	Mondelez International	13
Heroes	Mondelez International	13
Festive Cake selection	Mondelez International	13
Christmas Snow Star	Mondelez International	13
Triple Chocolate Yule Log	Mondelez International	13
Finest 18th Months Christmas Pudding	Tesco	11
Tesco Traditional Mince Pie	Tesco	11
Chicken Gyozas Chilli & Cherry Dip	Tesco	11
Thai Chicken Panang Krathongs	Tesco	11
Chosen By You Mince Pies	Asda	11
Mini Hot Dogs with Ketchup	Asda	11
ASDA Chosen by You Top Iced Fruit Cake	Asda	11
Extra Special Triple Chocolate Yule Log	Asda	11
Dundee Cake	Asda	11
Mini Pastry Bites	Asda	11
Pork Cocktail Sausages	Asda	11
Mini Chocolate Orange Cheesecakes	Asda	11
All butter Deep Filled Mince Pie	Wm Morrison Supermarkets	8
Wonderful Fruity Christmas Pudding	Wm Morrison Supermarkets	8
Oriental Party Feast Bumper	Wm Morrison Supermarkets	8
Triple Belgian Chocolate Fudge Yule Log	Wm Morrison Supermarkets	8
Mini Cheddar Cheese Straws	Wm Morrison Supermarkets	8
Indian Party Feast Bumper	Wm Morrison Supermarkets	8
Pastry Party Food	Wm Morrison Supermarkets	8
Fresh Cream Mint Chocolate Gateau	Wm Morrison Supermarkets	8

DON'T BUY

Product	Company	Score
Christmas Top Iced Fruit Cake	Iceland	0
Party 50 Piece Italian Platter	Iceland	0
100 Piece Ultimate Buffet Platter	Iceland	0
Luxury Raspberry & Cream Roulade	Iceland	0
Luxury Marc De Champagne & Strawberry Gateau	Iceland	0
Luxury Chocolate & Cherry	Iceland	0
Deep Filled Mince Pie	Iceland	0
Party Chocolate Truffle	Iceland	0

SKIN CARE



PALM OIL PRODUCT GUIDE

BEST BUY

Palm Oil Free ★

Product	Company	Score
Pure Nuff Stuff skincare products	Pure Nuff Stuff	★
Honesty skin care	Honesty Cosmetics	★
Little Satsuma face and body moisturizer	Little Satsuma	★
Green People face and body care products	Green People Company Ltd	15
Neal's Yard skincare range	Neal's Yard Remedies	14
Johnson's Baby Care products	Johnson & Johnson	14
Neutrogena cleanser and moisturizer	Johnson & Johnson	14
Clean & Clear facial cleanser and moisturizer	Johnson & Johnson	14
RoC anti-ageing skincare products	Johnson & Johnson	14
Dove skincare	Unilever	14
Vaseline Essential moisturizer	Unilever	14
Simple facial skincare	Unilever	14
Radox shower gel	Unilever	14
REN face and body butter and moisturizer	Unilever	14
Body Shop body butter and moisturizer	Body Shop	14
Boitherm face and body	L'Oréal	14
Vichy face and body care	L'Oréal	14
La Roche Posay skincare products	L'Oréal	14
L'Oreal skin and beauty products	L'Oréal	14
Jason skincare	Hain Celestial Group	14
Avalon skincare	Hain Celestial Group	14
Dr Hauschka Face & Body Care	Dr Hauschka	14
Faith skincare	Faith in Nature	14

CAUTIOUS BUY

Product	Company	Score
Weleda face and body care products	Weleda AG	15
Clearasil skincare products	Reckitt Benckiser	13
Veet - Hair removal cream	Reckitt Benckiser	13
Nivea skincare products	Nivea (Beiersdorf AG)	12
Urtekram International body lotion	Urtekram International	11
No. 7 skincare products	Boots UK Ltd	11
Boots face and body care products	Boots UK Ltd	11
Lush face and body care	Lush	10
Yao!h Bodycare	Yao!h	10
Lavera skincare products	Lavera	10
Olay skincare	Procter & Gamble	9

DON'T BUY

Product	Company	Score
Superdrug skincare	Superdrug	7
Anew skincare products	Avon Products Inc	6
Clearskin face products	Avon Products Inc	6
Solutions skincare products	Avon Products Inc	6
Avon Care	Avon Products Inc	6
Molton Brown skincare products	Molton Brown	6
Origins natural skincare products	Estée Lauder Companies	6
La Mer luxury skincare products	Estée Lauder Companies	6
Aveda skincare	Estée Lauder Companies	6
Estee Lauder skincare	Estée Lauder Companies	6
Clinique skincare	Estée Lauder Companies	6
Sanctuary SPA skincare	PZ Cussons PLC	6
Holland & Barrett - Aloe Vera Gel	Holland & Barrett	5
Clarins skincare and sun products	Clarins	0

HAIR CARE



PALM OIL PRODUCT GUIDE

BEST BUY

Palm Oil Free ★

Product	Company	Score
Little Satsuma Rosemary and Tea Tree Shampoo bar	Little Satsuma	★
Pure Nuff Stuff Shampoo & Conditioner	Pure Nuff Stuff	★
Honesty shampoo & Conditioner	Honesty Cosmetics	★
Green People Hair Care	Green People Company Ltd	15
Neal's Yard Shampoo and Conditioner	Neal's Yard Remedies	14
Johnson Baby Shampoo	Johnson & Johnson	14
Neutrogena Shampoo & Conditioner	Johnson & Johnson	14
Dove hair care products	Unilever	14
Tresemme' Shampoo & Conditioner	Unilever	14
Simple Haircare	Unilever	14
V05	Unilever	14
Body Shop Shampoo & Conditioner	Body Shop	14
Elvive Shampoo & Conditioner	L'Oréal	14
Avalon Shampoo & Conditioner	Hain Celestial Group	14
Jason Shampoo & Conditioner	Hain Celestial Group	14
Faith Shampoo & Conditioner	Faith in Nature	14

CAUTIOUS BUY

Product	Company	Score
Weleda Shampoo	Weleda AG	15
Urtekram Int. Shampoo & Conditioner	Urtekram International	11
Lush Shampoo & Conditioner	Lush	10
Hemp Shampoo & Conditioner	Yaoh	10
Organic Shampoo & Conditioner	Lavera	10
Head & Shoulders Hair products	Procter & Gamble	9
Herbal Essences Hair products	Procter & Gamble	9
Pantene Hair Products	Procter & Gamble	9

DON'T BUY

Product	Company	Score
Superdrug Shampoo & Conditioner	Superdrug	7
Molton Brown Shampoo & Conditioner	Molton Brown	6
Aveda Hair products	Estée Lauder Companies	6
Imperial Leathers soaps and bath products	PZ Cussons PLC	5
Original source shampoo	PZ Cussons PLC	5
Sanctuary SPA Shampoo & Conditioner	PZ Cussons PLC	5



The habitat of the pygmy hippo is threatened by palm oil developments.

MAKE UP



PALM OIL PRODUCT GUIDE

BEST BUY

Palm Oil Free ★

Product	Company	Score
Natural make-up	Essential Care	★
Organic make-up	Neal's Yard Remedies	14
Body Shop make-up	Body Shop	14
L'Oreal make-up	L'Oréal	14
Lancome	L'Oréal	14

CAUTIOUS BUY

Product	Company	Score
No 7 make-up	Boots UK Ltd	14
Dr Hauschka make-up	Dr Hauschka	14
Inika Make-up	Inika	11
Lush Cosmetics	Lush	10
Lavera Cosmetics	Lavera	10
Max Factor make-up	Proctor & Gamble	9

DON'T BUY

Product	Company	Score
Lagona	Logocos Naturkosmetic	7
Sante	Logocos Naturkosmetic	7
Avon make-up	Avon Products Inc	6
Anew beauty	Avon Products Inc	6
Colour Trend	Avon Products Inc	6
Extra Lasting	Avon Products Inc	6
Clinique make-up	Estée Lauder Companies	6
Origins make-up	Estée Lauder Companies	6
M.A.C make up	Estée Lauder Companies	6
Bobbi Brown cosmetics	Estée Lauder Companies	6
Aveda make up	Estée Lauder Companies	6
Estée Lauder make-up	Estée Lauder Companies	6
Clarins make-up	Clarins	0
Revlon	Revlon/McAndrews & Forbes	0
Rimmel	Rimmel/Coty	0



Forest elephants inhabit the rainforests of west and central Africa and are unique to this region.

CLEANING PRODUCTS PALM OIL PRODUCT GUIDE

BEST BUY

PALM OIL FREE ★

Product	Company	Score
Dishmate	Earth Friendly Products	★
ECOS Laundry Detergent	Earth Friendly Products	★
Dishmate Washing Up Liquid	Earth Friendly Products	★
Orange Mate Degreaser	Earth Friendly Products	★
Earth Friendly Products range	Earth Friendly Products	★
Wave dishwasher gel	Earth Friendly Products	★
Ecozone dishwasher tablets	Ecozone	★
Bio-D concentrated washing up liquid	Bio-D	19
Bio-D dishwasher powder	Bio-D	19
Bio-D laundry detergent	Bio-D	19
Clean & fair range	Traidcraft	18
Ecoleaf Laundry Liquid	Suma	18
Waitrose ceramic hob cleaner	Waitrose	15
Sodasan dishwasher detergent	Sodasan Wasch	15
Sainsbury's Colour Gel laundry detergent	Sainsbury's Group	15
Sainsbury's Lemon washing up liquid	Sainsbury's Group	15
Multi-Purpose Anti-bacterial liquid	Marks and Spencer Group plc	14
Ecover washing up liquid	Ecover	14
Ecover dish washer tablets	Ecover	14
Ecover laundry detergent	Ecover	14
Ecover Multi Action Spray	Ecover	14
Method laundry liquid	Ecover	14
Persil washing up liquid	Unilever	14
Cif Easy Lift Kitchen	Unilever	14
Surf Tropical Lily Bio Liquid	Unilever	14
Multi Surface Cleaner	Dri-Pak	14
Multi Surface Anti-Bacteria Cleaner	Faith in Nature	14
Anti bacterial washing up liquid	Faith in Nature	14
Faith in Nature dishwasher detergent	Faith in Nature	14
Faith in Nature laundry detergent	Faith in Nature	14

CAUTIOUS BUY

Product	Company	Score
Sonett washing powder and liquid	Sonett	13
Sonett All-Purpose Cleanser	Sonett	13
Palmolive dishwasher detergent	Colgate-Palmolive	13
Shout stain lifting foam	SC Johnson	13
Finishing dishwasher detergent	Reckitt Benckiser	13
Tesco Expert washing up liquid	Tesco	11
Asda Lemon washing up liquid	Asda	11
All Purpose Spray	Lilly's Eco Clean	10
Fairy washing up liquid	Procter & Gamble	9
Fairy Platinum All in One Dishwashing Tablets	Procter & Gamble	9
Daz bio liquid	Procter & Gamble	9
Flash All Purpose Cleaner	Procter & Gamble	9
Ariel Actilift Gel	Procter & Gamble	9
Dr Beckman stain remover	Delta Pronatura	8
Morrisons Lemon Blast washing up liquid	Wm Morrison Supermarkets	8

DON'T BUY

Product	Company	Score
Easy laundry detergent	Jeyes	6
Morning Fresh washing powder	PZ Cussons PLC	5
Easy peasy lemon Squezy washing up liquid	Star Brands	2
Clean n Fresh	McBride	1
Astonish Multi Surface Cleaner	London Oil Refining Company	0
Astonish dishwasher liquid and tablets	London Oil Refining Company	0
Attitude All Purpose cleaner	Bio Spectra	0
Hob Brite	Homecare - Brite Range	0
Grease Monkey	Ozkleen	0

WHAT ELSE CAN YOU DO



1. CHOOSE PALM OIL FREE PRODUCTS

Use our free guide to choose more sustainable palm oil products. Avoiding less sustainable palm oil products puts pressure on companies to adopt better practices. Let manufacturers of less sustainable products know why you have chosen to avoid their product.



2. SPREAD THE WORD

Share the RFUK free palm oil guide and let your friends know about the campaign. You can find us on **Facebook**, **Twitter** and **Instagram** and share our key facts on how palm oil is threatening rainforests.



3. BECOME A RAINFOREST DEFENDER

Support communities to hold palm oil companies to account and help us protect rainforests all year round with a £5 monthly donation.

Sign up today!



4. ORGANISE A PALM OIL FREE EVENT

Download our event pack and organise a party or event with your friends, family or community to raise awareness and funds in support of RFUK's work in the Amazon and the Congo Basin.

WHO WE ARE

The Rainforest Foundation protects rainforest by working with those who know the forest best – indigenous and forest peoples. We believe the best way to protect rainforests is to ensure that people who have lived in these areas for centuries are able to protect their ancestral lands.

OVER 
11,700,000
HECTARES PROTECTED

Working this way we have so far protected over 11,700,000 hectares of rainforest. RFUK's work is currently focused in the Andean Amazon region in South America and the Congo Basin rainforest in Central Africa, where we are working to protect up to a further five million hectares.

A UNIQUE APPROACH



Our approach differs from other organisations because we are committed to both human rights and environmental protection, and because we link grassroots projects with hard-hitting national and international advocacy for tangible and long-lasting change.

We believe indigenous and forest peoples are an essential part of the solution. Their conservation of the environment, based on traditional knowledge and experience, is increasingly being recognised as the most effective way to protect tropical forests. Yet most forest-dependent people still lack the legal rights to defend their rainforest home.

The Rainforest Foundation UK aims to change this!

 **RAINFOREST
FOUNDATION UK**
SECURING LANDS, SUSTAINING LIVES



BY DEFENDING INDIGENOUS AND FOREST PEOPLES' RIGHTS, WE CAN SAVE RAINFOREST HOMES, HABITATS AND SPECIES FOR FUTURE GENERATIONS.

VISIT OUR WEBSITE TO FIND OUT WHAT YOU CAN DO OR [CLICK HERE](#) TO BECOME A RAINFOREST DEFENDER

£5 MONTHLY DONATION

Making a monthly donation is the best way to help us support communities in danger and to help them defend their forest home.



FOR MORE INFORMATION:

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