

Vegan & Vegetarian in the City: London - Provisional Itinerary

Day 1: Thursday 31 October 2019

Group to check into the hotel and meet the TUCO Representative at Hotel Reception ready to depart on tour.

- Hotel: Motel One London Tower Hill, 24-26 Minories, London, EC3N 1BQ
- **Luggage:** Should your room not be available at the time of check in, you will be able to leave your luggage in their luggage storage room and time will be made later this day to check into your room.
- **Board:** Double room, single occupancy, bed and breakfast

Full day of food exploring with Vegetarian Express.

- A detailed list of visits that will be included on the tour will be released closer to the time of the study tour.

Dinner at a local restaurant.

Overnight in London.

Day 2: Friday 1 November 2019

Breakfast at the Hotel

Half day of food exploring with Vegetarian Express.

- A detailed list of visits that will be included on the tour will be released closer to the time of the study tour.

Travel back to Motel One Tower Hill to collect luggage.

This is the end of the Study Tour. Please make your own way home.



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Further Information:

What's included?

Everything detailed on the itinerary is included in the cost of the study tour. This includes 1-night accommodation, travel whilst on tour, visits, food and drink whilst on the study tour.

What's not included?

Any additional costs not mentioned on the itinerary, such as room service and additional food and drinks are not included in the package price.

Tube Travel:

Tube travel may be required between some visits on both days. Please ensure that you either buy a ticket in advance of the tour, or that you have a contactless device which you can use on the underground. Failure to come prepared will result in the group being delayed at the TUBE station.

Dietary/Access Requirements:

Please advise TUCO of any dietary or access requirements that you may have in advance of travelling on the Study Tour so that we can be sure to cater and accommodate for you correctly. Any requirements that you have mention on your booking form have been taken into consideration.

Dress Code:

Please dress business-casual for the duration of this tour. Please pack appropriately for the weather and for walking.

Prior to the date of this study tour, should you have any questions, please contact Academy@tuco.ac.uk