

Thursday 19 September 2019

0930: Please meet at Borough Market by this time at the very latest

- Exact Meeting Point: The Rabot Café on Beadale Street (right next to Borough Market)
- Introduction to the Study Tour, networking opportunity and drink.

Practical task at Borough Market

- Group to split into teams
- The task will involve a treasure hunt style search for important and creative vegetarian ingredients.
- Delegates will each be given £20.00 for this task and can keep the products they buy.

Travel to Vanilla Black restaurant (to Chancery Lane by tube)

1230: Visit to Vanilla Black restaurant

- 3 course vegetarian and vegan meal including drinks
- Delegates can select their meal from any of the items the menu provided.
- Please let us know in advance of any dietary requirements that need to be catered for
- This restaurant served vegetarian food only.

After the meal has finished, chef and proprietor of Vanilla Black, Andrew Dargue will sit at the table with the group and explain the concept of Vanilla Black. Delegates are encouraged to ask as many questions as they like to find inspiration and ideas to take back to your own institutions. Each delegate will be given a small taster selection of key ingredients that feature in the Vanilla Black creations.

Established in 2004, Vanilla Black delivers a contemporary style of vegetarian cuisine.

Proving that vegetarian food can be flavoursome, creative and satisfying, with a menu that is varied and imaginative
– **Michelin Guide 2014.**

Interesting, innovative dishes that combine high-quality ingredients, up-to-the-minute technique and a sound approach to texture and flavour contrasts
– **The AA Guide, 2 Rosettes.**

Vanilla Black is without doubt the best vegetarian restaurant I've been to in this country. It's certainly the poshest. The cooking is refined, adventurous and presented with an artist's eye for shape and colour. It's certainly somewhere I'll be recommending in the future and not just to vegetarians
– **Tracey MacLeod, The Independent.**

1530 appx: End of Study Tour.

Please make your own way home

Additional Information

Travel:

Please note that all delegates are expected to make their own way to and around London. Delegates will require a travel card to travel from Borough Market to Chancery Lane. If you are travelling into London by train, we recommend that you purchase your travel card at the same time as this will be the most economical option.

TUBE Travel:

The group will travel together, from Borough Market to Vanilla Black by the London Underground. Delegates are requested to arrive to the study tour prepared for this journey. Please ensure that you either buy a ticket in advance of the tour, or that you have a contactless device which you can use on the underground. Failure to come prepared will result in the group being delayed at the TUBE station.

TUBE Directions:

Travel from London Bridge Station to Bank Station on the Northern Line (direction Edgware, one stop), then travel from Bank Station to Chancery Lane Station on the Central Line (direction West Ruislip, 2 stops).

What's Included:

Everything detailed on the itinerary is included in the cost of the study tour.

What's not included:

Any accommodation that may be required, any additional drinks, and travel between Borough Market and Vanilla Black, is not included on the study tour

Dress Code:

Smart/Casual. Please wear comfortable shoes for walking and please dress for the weather.

TUCO Representative:

Your TUCO Rep for the day will be Samantha Potts who will lead the tour.

Tel: 07931646324

Email: Samantha.Potts@TUCO.ac.uk